

Nappies	✓	Tins	✓	Juice - CHOOSE 1	✓
Size?		Baked Beans		Apple Juice	
Wipes		Spagetti /Loops		Orange Juice	
Toiletries		Macaroni Cheese		Other Essentials	
Toothpaste		Beef Ravioli		Tea	
Tooth brushes adults		Chicken Meatballs		Coffee	
Tooth brushes child		Stewed Steak		Hot Chocolate	
Shower gel		Bolognese Sauce		UHT Milk	
Razors		Pasta Sauce		Sugar	
Deodorant female		Sweet and Sour Sauce		Plain Flour	
Deodorant Male		Curry Sauce		Self Raising Flour	
Tampons		Pesto sauce		Bread	
Sanitary pads		Spreads -CHOOSE 1		Milk	
Shampoo		Strawberry Jam		Butter	
Dry Food		Marmalade		Eggs	
Rice		Honey		Instant Mash	
Pasta		Peanut butter		Cereals	
Spaghetti		Sauces -CHOOSE 1		Weatabix	
Tin Veg		Tomato Sauce		Shredded Wheat	
Carrots		Gravy granules		Porridge	
Peas		Biscuits - CHOOSE 1		Snacks	
Potatoes		Jaffa cakes		Winders / Bear fruit yo yo	
Tinned Tomatos		Rich tea		Raisins	
Kidney beans		Crackers - CHOOSE 1		Puddings	
Lentils		Crackers		Rice Puddings	
Chick Peas		Cracker Bread		Custard	
Sweetcorn		Bread sticks		Sliced Fruit	
Tuna		Squash - CHOOSE 1		Jelly	
Soup		Blackcurrant squash			
Tomato		Orange squash			
Vegetable					